

THE HONG KONG PSYCHOLOGICAL SOCIETY



New Fellows' Contribution Compendium

2025 — 2026

Celebrating Excellence in Psychology
23 Newly Elected Fellows from Diverse Disciplines



Welcoming Our New Fellows

We are delighted to announce and celebrate the election of 23 distinguished members as Fellows of the Hong Kong Psychological Society (HKPS) in 2025 and 2026. Fellowship is one of the highest honours the Society can bestow, recognising members who have made a substantial contribution to the field of psychology.

The path to Fellowship is rigorous. Candidates are evaluated by the Fellows Election Sub-Committee (FESC) on criteria that include having engaged in work of a psychological nature for a total period of at least ten years since becoming eligible for Associate Fellowship, and — most importantly — demonstrating a significant and sustained contribution to the advancement of psychology. This contribution can be through scholarship, professional leadership, innovative practice, or public service.

In 2025, thirteen outstanding members were elected, followed by ten more in 2026. Their collective expertise spans our Divisions of Clinical Psychology (DCP), Counselling Psychology (DoCP), Educational Psychology (DEP), and Industrial-Organizational Psychology (DIOP). We invite you to learn more about their remarkable achievements in the pages that follow.

We hope their successes will inspire the next generation of psychologists to pursue excellence in practice, ultimately making broader and more meaningful contributions to human welfare.

With warm regards,

Sammy CHENG, PhD, FHKPS

CHAIRPERSON 2025–2026

Fellows Committee

The Hong Kong Psychological Society

DIVISIONS REPRESENTED

	Division of Clinical Psychology
	Division of Counselling Psychology
	Division of Educational Psychology
	Division of Industrial-Organizational Psychology

A Few Words from President 2023-2026

Almost every reputable profession on earth has a Fellows election system. We modelled ours on the British Psychological Society many years ago as our way to honour Members who have “made substantial contribution to the advancement of psychological knowledge or practice either by his or her own research or by organizing or developing the work of others or by making possible the advancement of psychology in areas hitherto closed to its practice” (By-Laws of HKPS). We elect new Fellows once every year according to the By-Laws and we welcome those who wish to be elected as Fellows to nominate themselves.

Most Fellows of HKPS have important leadership roles in academia or in professional practice. However, not all leaders in psychology have become our Fellows. It may be their humble personal choice not to nominate themselves, but more probably their misunderstanding about the Fellows system or its obligations. We do wish to see many more self-nominations from all disciplines or fields of Psychology. We wish to nurture a fraternity of psychologists who are leading in knowledge building and professional development so that Psychology can make a stronger impact on society.

I feel extremely honoured to welcome the 23 newly elected Fellows of 2025 and 2026. I have personally worked with or spoken with them and I know their election to the rank was well-deserved. I look forward to consult them on their expertise and build lifelong friendship with all of them.

With warm regards,

Ephraem TSUI, PhD, FHKPS

PRESIDENT 2023–2026

The Hong Kong Psychological Society

FELLOWS ELECTED IN

2025

13 distinguished members

Thirteen Fellows were elected in 2025, recognised for sustained contributions across educational, counselling and industrial-organizational psychology — spanning assessment, inclusive education, professional governance, public service and large-scale programme leadership.

Fellows Elected in 2025

Thirteen distinguished members, listed by Division

DIVISION OF COUNSELLING PSYCHOLOGY

Ms Helen KWOK Sin-hang

Counselling Psychologist

Dr LEUNG King-wai Frank

Counselling Psychologist

Mr Isaac YU Chun-yeung

Counselling Psychologist

DIVISION OF EDUCATIONAL PSYCHOLOGY

Dr Elaine CHAN Sau-wai

Educational Psychologist

Mr Ryan CHEUNG Yat-ming

Educational Psychologist

Mr CHOI Poi-ki, Pokky

Educational Psychologist

Dr CHU Ho-tat Matthew

Educational Psychologist

Dr HO Tak-fong Irene

Educational Psychologist

Mr LAI Yu-lim James

Educational Psychologist

Professor Shui-fong LAM

Educational Psychologist

Dr LAU Wing-yin Verena

Educational Psychologist

Dr Bernard WONG Pak-ho

Educational Psychologist

DIVISION OF INDUSTRIAL-ORGANIZATIONAL PSYCHOLOGY

Dr Clara TO Yuen-weun

Industrial-Organizational Psychologist

Ms Helen KWOK Sin-hang

Counselling Psychologist



Ms Helen Kwok is a counselling psychologist whose work spans academic leadership, large-scale programme design, and creative psychoeducation in child and family mental health, trauma-informed care, and emotional wellbeing. At Hong Kong Shue Yan University, she serves as Assistant Director and Family & Child Development Research Cluster Leader, Senior Lecturer, and Senior Counselling Psychologist at the university's Counselling and Research Centre, where she provides clinical services and supervises students.

She has made substantial contributions to the successful acquisition and implementation of a major Jockey Club grant to organize a social-emotional learning programme for primary students, integrating gamified tools, storybooks, and multimedia resources into school-friendly curricula. Her work is informed by a trauma-informed lens, with particular attention to trauma psychology, child development, neurodiversity, special educational needs, and supportive practice for children and families affected by adversity. She has also worked closely with neurodivergent individuals, including those with autism spectrum disorder (ASD), and with caregivers, strengthening her commitment to inclusive, family-centred support. Externally, she has been a clinical supervisor for NGOs, schools, and community projects, extending her impact beyond the university.

As Chairperson (2018-2022) of the HKPS Division of Counselling Psychology, she advocated professional registration, strengthened divisional standards, and organized cross-strait counselling summits to foster regional exchange. She has also been an active advocate for trauma-informed care in the community, helping educators, parents, and service providers better understand trauma-sensitive responses and supportive environments. Her Chinese-language books on emotion management and youth challenges, together with widely read newspaper columns and online content, have made complex emotional concepts accessible to parents, teachers, and youth. She has also provided crisis-counselling and psychoeducational support to hundreds of schools and NGOs during times of social unrest and the COVID-19 pandemic.

Ms Kwok's integrated work in research, service, and public communication has raised the profile of counselling psychology, trauma-informed practice, neurodiversity-affirming support, and emotional-literacy resources for children, caregivers, and families in Hong Kong.

Dr LEUNG King-wai Frank

Counselling Psychologist



Dr Frank Leung is a counselling psychologist whose career integrates academic programme development, clinical practice, clinical supervision, crisis intervention, and professional standard-setting. He has contributed to psychology education through curriculum design, applied training, and tertiary teaching, including leading the development of applied psychology programmes that strengthened practice-oriented pathways for students.

Clinically, Dr Leung is the founder and director of Care & Beyond — Wellness Services, where he provides counselling for family dynamics, adolescent development, grief, and stress, and delivers workshops on emotional intelligence, stress management, and staff development for NGOs and corporations. He has also worked for many years as a Consultant Psychologist with Caritas Family Service. He contributes to workforce development through supervision and training and is a British Psychological Society (BPS) Registered Applied Psychology Practice Supervisor (RAPPS), supporting reflective practice, ethical decision-making, and high-quality client care.

Within the Hong Kong Psychological Society (HKPS), he served as Chairperson of the Division of Counselling Psychology and as a Disciplinary Board member, where he helped pioneer recognition of counselling psychology as a specialty, revise ethical codes, and strengthen disciplinary procedures. He has also served as an accreditation panel member for the Hong Kong Council for Accreditation of Academic and Vocational Qualifications, reviewing and accrediting psychology programmes, including a local Doctor of Psychology.

Dr Leung has written books and chapters on Adlerian approaches to reducing unhelpful social comparison, adolescent development, and family systems. He also led post-disaster psychological relief efforts following the 2008 Sichuan earthquake, training local professionals in crisis intervention. His work exemplifies the scientist-practitioner model applied to education, clinical service, and community response.

Mr Isaac YU Chun-yeung

Counselling Psychologist



Mr Isaac Yu is a counselling psychologist whose work interweaves research, school-based interventions, teaching and professional regulation. At Hong Kong Shue Yan University, he has served as Counselling Psychologist of the Counselling and Research Centre since 2012 and Assistant Director of the Mrs. Dorothy Koo and Dr. Ti Hua Koo Centre for Interdisciplinary Evidence-based Practice & Research since 2023, leading training for thousands of teachers, parents and helping professionals on special educational needs, crisis intervention and mental-health support, and developing interventions for children, adolescents and families for the Education Bureau and other organisations.

He supervises the counselling team in a large Jockey Club-funded project to deliver gamified social-emotional learning to more than 5,000 primary students, translating research into scalable, engaging classroom practice. As a lecturer and supervisor, he has taught courses in abnormal psychology, counselling techniques and related topics at HKSYU, HKU SPACE and overseas partner institutions, and has supervised dozens of undergraduate research projects. His teaching excellence has been recognised with Outstanding Teacher Awards from HKU SPACE.

Mr Yu is pursuing a PhD in Counselling Studies at the University of Edinburgh with a full scholarship (anticipated to complete in 2026), focusing on culturally sensitive counselling training, professional identity, and the transition to professional practice in Hong Kong. He has presented at international conferences and forums on counselling psychology, cyberbullying, SEN support and professional identity, and has published in peer-reviewed journals. Within HKPS, he serves as Registrar of the Registration Board and on the Executive Committee of the Division of Counselling Psychology, contributing to ethical registration and governance.

His Chinese-language books on managing negative emotions have received major local book awards, and he has given numerous media interviews, helping to bring evidence-based counselling concepts into public discussion.

Dr Elaine CHAN Sau-wai

Educational Psychologist



Dr Elaine Chan has played a leading role in building whole-school mental-health frameworks and strengthening professional infrastructures in educational psychology. At Po Leung Kuk she has directed major positive-education projects, including the LHF Positive Education Movement in Kindergartens, Project Well-Being and whole-school positive-education programmes in primary schools, embedding strengths-based, resilience-focused approaches for students, teachers and parents.

Previously she supervised school-based EP services at the Lutheran Church — Hong Kong Synod and worked as Educational Psychologist and Project Director at Tung Wah Group of Hospitals, where she oversaw outsourced services supporting students with special educational needs. She directed the Jockey Club "Read & Write: Learning Support Network" project, which produced multidisciplinary packages for dyslexic students and helped translate research into classroom practice.

Dr Chan has trained generations of educational and child psychologists through her teaching and supervision at Hong Kong Polytechnic University. Within HKPS she twice chaired the Division of Educational Psychology and co-founded the Hong Kong Association of Educational Psychologists, working on accredited registration, cross-institutional working groups and mentoring networks.

Her work exemplifies sustained leadership across service innovation, training and professional advocacy.

Mr Ryan CHEUNG Yat-ming

Educational Psychologist



Mr Ryan Cheung is an educational psychologist recognized for his leadership in school-based support, social-emotional learning, gifted education and child protection. At Po Leung Kuk he supervises the school-based educational psychology service, in addition to his previous oversight in the Adolescent Emotion Competency Development project and positive-education movements. He has also held managerial positions in large-scale projects at the Education University of Hong Kong, including the 3Es Project for kindergarten social-emotional learning and Jockey Club Project RISE for English literacy. Collectively, the major projects in which he has held managerial responsibilities have involved funding exceeding HK\$100 million, reflecting both the scale of his leadership and the substantial organizational trust. He has helped translate psychological research into practical curricula, intervention models and professional training for everyday educational settings.

He has authored over 30 peer-reviewed articles and practitioner books on autism, child psychology, parenting, positive education and social-emotional learning. The 3Es Project, in which he served as the Project Manager, received a Gold Medal at an international innovation competition, recognizing its originality and practical impact. Mr Cheung writes regular parenting columns and gives frequent talks for parents, teachers and professionals, consistently making psychological knowledge accessible, relevant and applicable to family, school and the public.

As Chairperson of the HKPS Division of Educational Psychology (2021-2025), he introduced initiatives such as the DEP Affiliation Scheme and Early Career Award to support new psychologists and conducted surveys on EP well-being that informed advocacy for better working conditions. He chaired the Gifted Education Committee under the Curriculum Development Council, Education Bureau, shaping gifted-education policies and enrichment programmes. He served on the Committee on Home-School Co-operation, promoting family-school communication and psychologically informed approaches to parenting. He has also been a leading advocate for the mandatory reporting of child abuse, having served on the Professional Consultative Panel (Education Sector) for the Mandated Reporter Guide under the Mandatory Reporting Regime of Child Abuse, where he contributed professional perspectives on reporting procedures and the conceptualisation of psychological child abuse in local policy and legislative discussions.

Mr CHOI Poi-ki, Pokky

Educational Psychologist



Mr Poi-ki Choi is an educational psychologist who has made key contributions to assessment, inclusive education and child protection. He aspires to promote the use of evidence-based practice both to the client end and for professional. He co-developed the Hong Kong English Reading Ability Test (HKE), providing the first locally normed measure for primary-school English reading and early identification of English literacy difficulties. He also contributed to validating the Chinese Strengths and Difficulties Questionnaire (SDQ) for preschoolers, strengthening early screening for socio-emotional and behavioural risks. His training manuals and resource kits for students with ASD and ADHD — produced under major Jockey Club and NGO projects — are widely used in schools to implement structured, evidence-based social-skills, executive-functioning, and emotional-regulation programmes.

As a founding director of the Hong Kong Association of Educational Psychologists (HKAEP), Honorary Treasurer of HKPS, and past committee member of the HKPS Division of Educational Psychology (DEP), Mr Choi has helped build accredited-registration standards, financial governance, and professional structures for the discipline. He has represented the profession in drafting Hong Kong's Mandatory Reporting of Child Abuse legislation and in providing input to Legislative Council reports on school-based psychological services, ensuring psychological perspectives inform law and policy.

Alongside his service roles, he taught at universities such as HKU and EdUHK, and supervises trainee psychologists, integrating research, ethics and applied casework. Across these domains, he has been influential in advancing evidence-based practice, fair assessment, and inclusive education in Hong Kong.

Dr CHU Ho-tat Matthew

Educational Psychologist



Dr Matthew Chu has combined long-term school practice with university teaching and research to promote inclusive education and student well-being. Since 2002 he has served as Educational Psychologist to Wah Yan College, offering sustained support in assessment, consultation and whole-school development to Jesuit schools. His close, ongoing involvement with these schools has allowed him to embed psychologically informed approaches to learning, discipline and pastoral care over decades.

At HKU he has progressed from Teaching Consultant to Senior Lecturer in the Department of Psychology, and Honorary Research Associate in the Faculty of Education, teaching core postgraduate courses and supervising educational psychology trainees. He has held important service roles in HKPS as Secretary and Committee Member of the Division of Educational Psychology and as a member of the Ethics Committee, contributing to ethical and professional guidelines.

Dr Chu's research and presentations cover academic motivation, positive psychology, mindfulness and international collaborations, adding local evidence to global conversations on resilience and school functioning. He also acts as independent supervisor and steering-committee member for the Catholic Diocese's EP service and serves as Honorary Consultant to the Child Protection Institute of Against Child Abuse. Through frequent workshops on mindfulness, gifted education, life skills and career development for government departments, NGOs and corporations, he has broadened public understanding of how psychological science can support young people's growth.

Dr HO Tak-fong Irene

Educational Psychologist



Dr Irene Ho has made sustained and wide-ranging contributions to educational psychology in Hong Kong through scholarship, innovative practice, professional leadership and public service. After frontline experience as an Educational Psychologist at the Spastics Association of Hong Kong, she became a core trainer of educational psychologists as Assistant Professor at the University of Hong Kong (2000–2018) and later Adjunct Associate Professor at both HKU and CUHK, nurturing many practitioners who now lead the field. Her own scholarship includes peer-reviewed journal articles, book chapters and conference papers on autism, teacher efficacy, critical thinking and Chinese learners' motivation.

Her innovative practice is exemplified by her leadership as Director of the School Support Project of the Jockey Club Autism Support Network (JC A-Connect), which produced evidence-based guidelines and resources for students with autism spectrum disorder, disseminated to all mainstream public schools in Hong Kong in collaboration with the Education Bureau. Besides publishing multiple resources on autism intervention, Dr Ho also led research and development projects on critical thinking instruction in Hong Kong. The resulting teaching packages for senior secondary schools were significant contributions to curriculum reform in Hong Kong.

Dr Ho has provided exceptional leadership within the Hong Kong Psychological Society since 1992, serving as Executive Committee member, Secretary and Chairperson of the Division of Educational Psychology (2008–2010). She was also a member of the Society's Ethics Committee for six years. Beyond HKPS, she has chaired the Psychological Services Committee of SAHK for over 20 years, served on a government Task Force on Special Needs (2018–2019), and held multiple governance or advisory roles for various organizations, including as manager of two special schools and voluntary supervisor of a preschool centre for children with special needs.

Through this integration of rigorous research, large-scale innovative projects, sustained professional leadership and dedicated public service spanning more than three decades, Dr Ho has advanced educational psychology in Hong Kong in a manner that is both significant and enduring. She was awarded Distinguished Fellowship in Educational Psychology by the Division of Educational Psychology of HKPS in 2023.

Mr LAI Yu-lim James

Educational Psychologist

Mr James Lai has devoted his career to extending educational psychology services across school, social-work and faith-based systems and to mentoring future practitioners. With early experience as an educational psychologist at the Spastics Association of Hong Kong and the Society of Boys' Centres, and later at the Education Bureau, he developed a deep understanding of the needs of students with disabilities, behavioural difficulties and learning problems in both special and mainstream schools.

He subsequently moved into consultancy and supervision roles as Educational Psychology Service Consultant to the Hong Kong Council of the Church of Christ in China and Educational Psychology Service Supervisor for the Hong Kong Methodist Church. In these positions, he has overseen the development of EP teams that serve entire school networks, promoting evidence-based interventions and professional peer supervision. He has designed innovative school-based projects such as "Making Thinking Visible", which integrates cognitive, emotional and social-skills training into classroom practice.

Mr Lai has also had a major role in training and supervision as Senior Practicum Coordinator at Hong Kong Polytechnic University and as a lecturer at HKU and other institutions. There he has developed systematic supervision frameworks in case formulation, intervention planning and report writing, helping trainees bridge theory and practice. His early experience as a teacher and social worker further enriches his holistic view, allowing him to integrate psychological, educational and social-work perspectives in school-based services.

Professor Shui-fong LAM

Educational Psychologist



Professor Shui-fong Lam is widely regarded as a pioneer of educational psychology in Hong Kong. At the University of Hong Kong she coordinated the educational psychology training programme from 1994 to 2019, training an estimated half of Hong Kong's current educational psychologists. She created cornerstone courses such as "Motivation and Learning" and "Mindfulness-Based Cognitive Therapy" that have shaped EP training for decades.

Professor Lam led early pilots of school-based educational psychology service (SBEPS) in 25 primary schools between 2002 and 2005. The success of these pilots provided critical evidence that helped pave the way for government adoption of SBEPS across all primary schools. She also directed a pilot on-site preschool rehabilitation programme with Heep Hong Society, which was later scaled to all government-subsidised preschools, transforming early intervention for children with developmental needs.

Her research portfolio includes more than 100 publications on topics such as student motivation, parenting, mindfulness and cross-cultural psychology. She has been a key contributor to a 12-country study on student engagement, influencing international thinking on motivation and classroom climate. She served on the steering committee for the HK-WISC-IV development and has long coordinated the HKPS Supervision Scheme, helping to define supervision standards and mentor supervisors.

As director of the Jockey Club "Peace and Awareness" Mindfulness Culture in Schools Initiative, she has overseen mindfulness education in over 80 Hong Kong schools, training more than 2,000 teachers and indirectly reaching over 20,000 students. Her influence is recognised through awards such as the HKU Outstanding Teaching Award and the International School Psychology Association's Outstanding International Scholar Award.

Dr LAU Wing-yin Verena

Educational Psychologist



Dr Verena Lau is a senior education official and educational psychologist (EP) whose systemic leadership has revolutionised the framework of support for students with diverse educational needs. She initiated her professional career as an EP at the Spastics Association of Hong Kong (now SAHK) before transitioning to the Education Bureau. She steadily advanced through a series of progressively responsible roles including Specialist, Senior Specialist, Principal Education Officer and Principal Assistant Secretary, and is now Deputy Secretary for Education overseeing professional development and training of teachers and principals, as well as policies and services related to support for students with special educational needs (SEN).

She has been central to the evolution of school-based educational psychology service (SBEPS), guiding the shift from outsourced to school-based services. This change has improved continuity and quality of support for students with SEN. Dr Lau has been a strong advocate for student mental wellness, thereby unlocking critical funding and structured care frameworks for students experiencing mental health conditions, and driving mental health initiatives across Hong Kong schools.

Her clinical and research contributions include co-adapting intelligence test for Hong Kong, enhancing local psychometric infrastructure, and promoting executive-function-focused strategies to support students with Attention Deficit/Hyperactivity Disorder. She has collaborated on suicide-prevention initiatives such as a crisis prevention and intervention training model and presented at international conferences on mental-health destigmatisation. Dr Lau has also supervised EP trainees and advised universities on programme development.

Through her combined policy, research and supervisory work, she has helped embed psychological thinking in education policy and practice at a territory-wide level ensuring that frontline educators possess the advanced competences necessary to deliver continuous, high-quality support to diverse learner populations.

Dr Bernard WONG Pak-ho

Educational Psychologist

Dr Bernard Wong is an educational psychologist and academic leader whose career spans programme development, professional governance and youth work. After completing his PhD in Educational Psychology at The University of Hong Kong, he served as a Research Officer in the Department of Psychology before moving to Hong Kong Shue Yan University as Senior Lecturer/Assistant Professor and Programme Director of the Master of Social Sciences in Psychology. In this role, he expanded postgraduate pathways in applied psychology and contributed to the advancement of professional training opportunities.

Dr Wong subsequently joined The Chinese University of Hong Kong, where he is currently Associate Professor of Practice in Educational Psychology and Programme Director of the Master of Arts in Professional Educational Psychology programme. He played a key role in establishing Hong Kong's third professional educational psychology training programme, significantly enhancing the supply of well-trained educational psychologists in the territory.

Within the Hong Kong Psychological Society (HKPS), Dr Wong served as Chairperson of the Division of Educational Psychology and later as President of the HKPS Council. In these leadership positions, he guided the Society through strategic growth, strengthened collaboration across divisions, and championed external advocacy efforts. He also supported the founding of the Hong Kong Association of Educational Psychologists, creating a platform to promote professional identity, uphold standards of practice, and strengthen the collective voice of the profession.

His research and publications focus on student engagement, bullying, and autism spectrum disorder, often through international collaborations that advance cross-cultural understanding. Beyond research, Dr Wong has integrated mental health advocacy into educational practice through curriculum development, programme leadership, and teaching in general education.

Outside academia, Dr Wong has devoted more than 24 years to Scouting as a volunteer leader. He has led the redesign of adult training programmes to place greater emphasis on diversity, inclusion, and adolescent mental health. He currently serves as the Asia-Pacific Regional Diversity and Inclusion Expert for the World Scout Bureau.

Dr Wong exemplifies the integration of leadership, scholarship, and dedicated service to the development and well-being of young people.

DIVISION OF INDUSTRIAL-ORGANIZATIONAL PSYCHOLOGY • Fellow no. 13 of 13,
Elected 2025

Dr Clara TO Yuen-weun

Industrial-Organizational Psychologist



Dr Clara To is an industrial-organisational psychologist specialising in leadership assessment, executive coaching, and cross-cultural test adaptation. With a doctoral background in I-O psychology and extensive applied experience, she has led assessment centres and executive evaluations for clients across diverse sectors and regions. She played a pioneering role in launching Chinese versions of major international assessment tools, such as the Hogan Assessment System. By designing customised tools, training assessors, and ensuring linguistic and cultural alignment, she ensures strict psychometric soundness and adherence to international best practices in test development and adaptation.

Earlier, as manager of The Assessment and Training Centre at CUHK, she supported the development of an applied I-O practice that bridged academic research with organisational consulting. In her subsequent consulting roles at Mobley Group Pacific and Talent Link Global Limited, she has worked extensively as a coach and consultant, supporting senior leaders on selection, potential assessment, succession planning, and development.

Within the Hong Kong Psychological Society (HKPS), Dr To has served as Chair of the Division of Industrial/Organisational Psychology (DIOP) and as the Society's representative to the International Test Commission (ITC). Dedicated to nurturing future talent, she also teaches postgraduate students and supervises early-career practitioners, sharing her expertise in leadership assessment, coaching, and organisational change.

Her multifaceted career continues to advance professionalisation in I-O psychology and embed robust, ethically grounded assessment practices across Greater China.

FELLOWS ELECTED IN

2026

10 distinguished members

Ten Fellows were elected in 2026, bringing distinction in clinical and counselling psychology and industrial-organizational practice — from trauma and disaster mental health to neuropsychology, early psychosis intervention, animal-assisted approaches and organisational leadership.

Fellows Elected in 2026

Ten distinguished members, listed by Division

DIVISION OF CLINICAL PSYCHOLOGY

Dr Jamie CHENG Po-kwan

Clinical Psychologist

Dr Teddy CHEUNG Ching-kong

Clinical Psychologist / Paediatric Neuropsychologist

Dr Crystal CHEUNG Ching-ying

Clinical Psychologist

Dr Eliza CHEUNG Yee-lai

Clinical Psychologist / Disaster MHPSS Specialist

Ms Susanna CHOY Shan-shan

Clinical Psychologist

Dr Carole LI Chi-kwan

Clinical Psychologist

Professor Suzanne SO Ho-wai

Clinical Psychologist

Dr Adrian WONG

Clinical Psychologist / Neuropsychologist

DIVISION OF COUNSELLING PSYCHOLOGY

Dr Joe NGAI Tsz-kin

Counselling Psychologist

DIVISION OF INDUSTRIAL-ORGANIZATIONAL PSYCHOLOGY

Mr Kin-Chong U

Industrial-Organizational Psychologist

Dr Jamie CHENG Po-kwan

Clinical Psychologist



Dr Jamie Cheng is a clinical psychologist recognised for her work in trauma, service development and professional leadership. She began her career in the Correctional Services Department, providing assessment and treatment in forensic settings, before joining the Hospital Authority. At Kwai Chung Hospital she worked with the Community Psychiatry Team, delivering evidence-based care for people with severe mental illness and contributing to recovery-oriented practice. As the first Clinical Psychologist Team Leader at Yan Chai Hospital, she established a new department, created protocols and integrated psychological services into medical and psychiatric teams.

Her research includes peer-reviewed publications on PTSD in psychiatric patients and COVID-19 survivors, and genetic studies in chronic schizophrenia, with work appearing in international journals. She led the Health Bureau-funded "Hope Story Book" project, which used Cognitive Theory of Hope to create narrative resources for people with severe mental illness, later adapted into animations for the Hospital Authority's public channel.

Dr Cheng has been a key leader in the Division of Clinical Psychology, serving for nearly a decade on its Executive Committee and as Chair (2019–2022). She guided the Division through the social unrest and COVID-19, spearheading the "Time to Heal" initiative that mobilised pro-bono services and capacity-building for the community and front-line workers. She played a crucial liaison role in the profession's Accredited Registration application, working with government officials, legislators and patient groups. As convener of the Hospital Authority's Training and Development Subcommittee for clinical psychologists, she developed an Advanced Specialty Programme framework and advocated for funded supervisor training.

She became the first psychologist to receive the Hospital Authority Young Achiever Award (Merit). Beyond the HA, she has served on the Advisory Committee on Mental Health, advised NGOs on mental-health projects and undertaken extensive public education on grief, trauma and mental-health literacy.

Dr Teddy CHEUNG Ching-kong

Clinical Psychologist / Paediatric Neuropsychologist



Dr Theodore (Teddy) Cheung is a clinical psychologist and paediatric neuropsychologist whose work has advanced understanding and care for neurodevelopmental conditions locally and internationally. Trained in Hong Kong, the UK and Canada, he has held clinical posts in NGOs and the Hospital Authority before moving to Toronto, where he has served as Psychologist, Research Associate at the Hospital for Sick Children, Toronto, and lecturer at the University of Toronto.

He has authored over 25 peer-reviewed articles on autism spectrum disorder, ADHD, executive functioning and multisensory processing, contributing to more refined models of cognition and behaviour in developmental disorders. He has played a major role in adapting and validating assessment tools such as the Chinese Autism Parenting Stress Index and the Family Needs Questionnaire, and in refining cognitive screening practices for Chinese populations.

Dr Cheung led a randomised controlled trial of "The Transporters" emotion-recognition intervention for young autistic children in Hong Kong. The translated app achieved over 17,000 downloads in its first year, demonstrating substantial public reach and real-world impact. He has secured more than CAD 580,000 in competitive grants for projects on cognitive rehabilitation, VR-based interventions and employment training for autistic adults.

In professional service he has contributed to HKPS as Secretary of the Subcommittee on Accreditation of Clinical Psychology Training, helping build training standards. Internationally, he serves on committees of the American and Canadian Psychological Associations and the Transforming Autism Care Consortium, focusing on diversity, equity and access for minority-language families. He has been recognised with the International Society for Autism Research (INSAR) Early Career Investigator Award and an APA Early Career travel grant, and holds a Visiting Research Associate position at the renowned Autism Research Centre, University of Cambridge. He also co-founded an online platform for disseminating psychological knowledge during COVID-19 and continues to write for both academic and public audiences.

DIVISION OF CLINICAL PSYCHOLOGY • Fellow no. 03 of 10, Elected 2026

Dr Crystal CHEUNG Ching-ying

Clinical Psychologist



Dr Crystal Cheung has pioneered psychological services within Hong Kong's disciplined services and developed advanced practice in critical-incident response. Over 20 years, she served as the clinical psychologist in the Macao Social Welfare Bureau, the HKSAR Immigration Department, the Hong Kong Police Force's Psychological Services Group, and the Hong Kong Fire Services Department, repeatedly establishing new services in organisations initially unfamiliar with psychological practices.

At the Fire Services Department, she collaborated with firefighting specialists on new initiatives to help firefighters adjust to operational demands using psychological principles. Dr Cheung has contributed significantly to national and international crisis responses, including providing pre- and post-operation psychological support to the HKSAR rescue team deployed to earthquake-stricken areas in Turkey and Myanmar.

She also played a key role in the Tai Po Fire response, contributing immediate support at the disaster site and helping to build a long-term framework for mass-disaster psychological care and recovery. Additionally, she regularly delivers post-critical-incident support and training across other disciplined services and public-service departments.

She is a highly regarded supervisor and mentor for clinical psychology trainees at HKU and CUHK, sharing her expertise in trauma, operational culture, and ethical issues. Her scholarly work includes research on facial emotion recognition after cerebrovascular disease and narrative inquiry in education. Dr Cheung also contributes voluntary psychological services through HKPS, Catholic organisations, and as a Specialist Flight Lieutenant with the Hong Kong Air Cadet Corps, embedding psychological care into youth uniformed groups.

Dr Eliza CHEUNG Yee-lai

Clinical Psychologist / Disaster MHPSS Specialist



Dr Eliza Cheung is an internationally recognised leader in disaster mental health and psychosocial support and seasoned humanitarian. She founded and leads the International Federation of Red Cross and Red Crescent Movement (IFRC) Asia Pacific Mental Health and Psychosocial Support (MHPSS) Collaborative, a regional hub serving dozens of National Societies in the Asia Pacific region by strengthening emergency mental health response, capacity building, knowledge exchange, and humanitarian diplomacy and resources mobilization. As the Mental Health and Psychosocial Support Technical Advisor for the Red Cross Red Crescent Movement MHPSS Hub, and Clinical Psychologist & MHPSS Service-in-charge at Hong Kong Red Cross, she coordinates regional and global initiatives and supervises delegates in emergencies.

She has been deployed as MHPSS Delegate to major crises, including the Ebola outbreak in Liberia, the Nepal earthquake, the Bangladesh population movement, and complex emergencies in Afghanistan. Her field experiences have informed best practices for humanitarian MHPSS and have been shared in peer-reviewed publications. In Hong Kong, she is widely regarded as a pioneer of Psychological First Aid (PFA); her PhD research conceptualised PFA as a public-health preparedness strategy, the work of which was followed by localisation, mass training and integration of PFA into organisational protocols. Globally, she is one of the main contributors to IFRC and World Health Organisation PFA guidelines and their Chinese translations.

Beyond her efforts in MHPSS, Dr Cheung leads the Local Emergency Response in Hong Kong Red Cross, coordinating multidisciplinary responses to major local disasters, most recently including the Tai Po Fire, where she coordinated resources from multiple organisations to support survivors, families, and responders. She also serves as Adjunct Assistant Professor at Jockey Club School of Public Health and Primary Care at the Chinese University of Hong Kong, conducting MHPSS and humanitarian courses for undergraduate and master level public health practitioners.

She chaired the Hong Kong Clinical Psychologists Association for nearly a decade, advocating for professional standards and workforce well-being, and currently serves on the Education & Professional Standards Committee of HKICP. Her publications include articles on COVID-19 and global mental health in high-impact journals such as *The Lancet Psychiatry*. She has also served on government committees such as the Community Investment and Inclusion Fund, the Mental Health Review Tribunal and the Long-term Prison Sentences Review Board. For her work in humanitarian disaster mental health, Dr Cheung was selected as one of Hong Kong's Ten Outstanding Young Persons Award in 2015.

Ms Susanna CHOY Shan-shan

Clinical Psychologist



Ms Susanna Choy has made substantial contributions in community mental health, clinical innovation, training and professional leadership. She began as the first clinical psychologist at New Life Psychiatric Rehabilitation Association, where she introduced positive-psychology frameworks into community services and organized public mental-health workshops that reached over a thousand participants.

She later worked at Hospital Authority Head Office and at Princess Margaret Hospital, where her support for the hospital services markedly increased patient engagement and led treatment groups for cancer patients. In private practice, she continues to serve children, adults and families. She acts as lead clinical consultant for the AIM project, which provides systemic support to autistic students in all mainstream primary and secondary schools in Hong Kong. In this capacity, she provides consultation, training and support to staff on addressing the needs of autistic students.

As Honorary Lecturer and Clinical Placement Coordinator at HKU and CUHK, she has been responsible for matching trainees to supervisors and sites, including during the 2019 social movement and the COVID-19 pandemic. She introduced a four-month placement rotation to handle increased trainee numbers and supervisor shortages while preserving training quality. She has also delivered numerous workshops for NGOs and the Social Welfare Department and teaches a postgraduate course at CUHK.

On HKPS Council, she has served as Complaint Officer and now Public Relations Secretary. In PR, she has greatly increased the Society's media presence, securing consistent coverage of HKPS psychologists. During the Tai Po Fire, she helped lead HKPS volunteer services, arranged extensive media interviews, and provided pro bono psychotherapy to affected individuals, exemplifying professional and civic commitment.

Dr Carole LI Chi-kwan

Clinical Psychologist



Dr. Carole Li is widely recognized for her pioneering work in trauma treatment and mindfulness-based interventions for insomnia and chronic illness, as well as her dedicated contributions to clinical training.

After completing her clinical psychology training with distinction at HKU, she joined the Hospital Authority, working at the Oasis-Centre for Personal Growth and Crisis Intervention and the Kowloon East Cluster. There, she provided comprehensive assessment and therapy across a wide range of mental and physical health conditions, specializing in crisis management, trauma care, and the integration of CBT and mindfulness into medical settings.

Driven by a passion to address gaps in care for complex insomnia—particularly among cancer survivors—Dr. Li earned her Doctor of Psychology with a focus on mind-body interventions and CBT for insomnia in breast cancer patients. She has collaborated with sleep and public health specialists to develop and study adapted Mindfulness-Based Cognitive Therapy (MBCT) protocols for local populations. Her qualifications include extensive international training in Mindfulness-Based Stress Reduction (MBSR) and MBCT (including through the Oxford Mindfulness Centre), and she is a registered yoga teacher, allowing her to integrate mind-body practices in a structured, evidence-based manner.

An active researcher, Dr. Li has authored peer-reviewed publications in prestigious journals such *as Psychotherapy and Psychosomatics and Annals of Family Medicine*, advancing the evidence base for mindfulness in treating sleep and mood disorders. She has also co-authored two locally developed, evidence-based self-help books to make CBT and mindfulness accessible to the broader public.

Beyond her clinical work, Dr. Li played a pivotal role in nurturing the next generation of clinicians as a Senior Lecturer and clinical tutor for HKU's Master of Social Sciences in Clinical Psychology. She is deeply respected for fostering trainees' clinical competence, resilience, and professional values, as well as her commitment to building a supportive culture of high-quality supervision within the profession.

Professor Suzanne SO Ho-wai

Clinical Psychologist



Professor Suzanne So has made enduring contributions to early psychosis intervention, severe-mental-disorder research, clinical training and professional standards. After studying experimental psychology at Oxford and clinical psychology at CUHK, and completing a PhD at King's College London, she joined the Hospital Authority's Early Assessment Service for Young People with Psychosis as its sole clinical psychologist. There she developed the Psychological Intervention Programme in Early Psychosis, a multimodal intervention framework that has been the foundation of early-psychosis psychosocial services in Hong Kong for more than 25 years.

At CUHK's Department of Psychology she has risen from Assistant Professor to Professor, with courtesy appointments in the Department of Psychiatry. Her research focuses on psychopathology and treatment of schizophrenia and bipolar disorder, psychological interventions and the training and supervision of psychologists. She has produced more than a hundred publications and presentations, with work appearing in leading journals such as *Psychological Medicine*, *Schizophrenia Bulletin*, *The Lancet Regional Health — Western Pacific* and *Journal of Psychopathology and Clinical Science*. Her work has attracted thousands of citations and a strong citation index.

She has secured numerous research and teaching grants and serves as associate editor or editorial-board member for several international journals. As an Accredited Clinical Supervisor, she has supervised large numbers of PhD, PsyD, MPhil and master's students and many clinical psychology trainees, shaping generations of scientist-practitioners. She has received major teaching awards, including a University Grants Committee Teaching Award and multiple CUHK teaching honours.

Professor So is a founding member of the Professional Council of the Hong Kong Institute of Clinical Psychologists and founding Convenor of its Education & Professional Standards Committee, playing a central role in building the accredited-registration framework recognised by the government. She has also served on HKPS committees and contributed to public science outreach and school governance, promoting psychological literacy in education and the wider community.

Dr Adrian WONG

Clinical Psychologist



Dr Adrian Wong is a clinical psychologist best known for his pivotal role in the development and validation of the Hong Kong Montreal Cognitive Assessment and its brief protocol, now standard tools for cognitive screening in dementia care. He led studies that adapted the MoCA for local use, determined appropriate cut-offs and established normative data for older adults with different educational backgrounds, thereby improving early detection of mild cognitive impairment and dementia in Hong Kong. These tools have been widely implemented across public hospitals, NGOs and community services and incorporated into guidelines, greatly enhancing consistency and sensitivity in cognitive screening.

Beyond this flagship work, Dr Wong has contributed research on neuropsychological assessment, dementia and cognitive ageing, refining assessment practice and informing clinical decision-making. He has also played a major role in training, delivering workshops to large numbers of clinicians and allied health professionals on the proper use of cognitive-assessment tools and the interpretation of results.

His efforts have helped embed rigorous neuropsychological methods into everyday clinical practice, ensuring that cognitive assessment outcomes are effectively used in diagnosis, care planning and communication with patients and families. Through his combined work in tool development, research, teaching and clinical practice, he has had lasting influence on how Hong Kong's ageing population is assessed and supported in relation to neurodegenerative conditions.

Dr Joe NGAI Tsz-kin

Counselling Psychologist



Dr. Joe Ngai is a counseling psychologist and scholar whose work has advanced animal-assisted interventions as well as digital and compassion-focused mental health approaches. Holding a master's degree in counseling psychology from HKSYU and a PhD from HKU, he has developed a research program that moves animal-assisted interventions beyond just anecdotal evidence. He has created structured human-canine ethograms and mixed-method designs to study co-regulation, empathy, and resilience in human-animal interactions, and he has published in journals such as PLOS ONE, Applied Animal Behaviour Science, and the Journal of Affective Disorders.

He has secured over HK\$5 million in competitive funding as a principal or co-investigator for projects on digital mental health, compassion-based interventions, and elderly well-being, often collaborating with NGOs and educational institutions. These projects develop practical tools and programs that are used in schools, community centers, and elder-care settings.

At HKSYU, he is an Assistant Professor in the Department of Counseling and Psychology and the Assistant Director of the Master of Counseling Psychology program. He has played a key role in curriculum development, in integrating evidence-based practice, and in supervising many honors theses and master's dissertations, many of which have led to presentations at international conferences or publications.

Dr. Ngai has been an elected member of the HKPS Council since 2016, serving on committees related to scientific activities and public relations. He represents Hong Kong at the International Union of Psychological Science, promoting international exchanges. He is the founding President of PAWcess Human Animal Collab and a founding member of the Hong Kong Animal Assisted Therapy Association, where he has worked to professionalize standards in animal-assisted practice. Through media collaborations and community workshops, he reaches broad audiences with psychological knowledge, especially concerning humane education and mental health.

DIVISION OF INDUSTRIAL-ORGANIZATIONAL PSYCHOLOGY • Fellow no. 10 of 10,
Elected 2026

Mr Kin-Chong U

Industrial-Organizational Psychologist



Mr Kin-Chong U is an occupational psychologist with extensive experience in psychometrics, leadership assessment and development, organisational transformation, and executive coaching internationally. After completing his MA in industrial-organisational psychology in the United States, he began his career in talent assessment with an American utility company before joining SHL China. There, he rose to Director of Assessment Solutions for Greater China, overseeing the development and localisation of widely used psychometric instruments including the OPQ and leading major talent consulting projects across the region.

He later became the Director of Organisational and Leadership Development at KPMG China, where he managed firm-wide talent programmes, leadership development, succession planning, and cultural transformation initiatives. Since 2012, he has served as Managing Partner of a premier leadership consulting firm, providing talent assessment, leadership development, organisational change consulting, and executive coaching to clients across diverse sectors.

A Chartered Occupational Psychologist and Fellow of the HKPS, Mr U is a certified practitioner of numerous assessment instruments, and an accredited executive coach. He also teaches at various universities and institutes, delivering courses on managerial psychology and organisational change to business leaders.

Within the professional community, Mr U has served as Chair of the Division of Industrial/Organisational Psychology. He has also been a key contributor to the preparatory work for statutory registration, helping articulate the role and standards of I-O psychology in regulatory discussions. Through his consulting, teaching, and professional leadership, he continues to champion the ethical, evidence-based use of psychometrics and psychologically informed leadership practices in organisations.



WITH GRATITUDE

Fellows Election Sub-Committee

2025 & 2026



Dr. Sammy CHENG

Dr. Raysen CHEUNG

Ms. Linda CHEW

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Dr. Austin TAY



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